



2026 OPEN BALTIC FINSWIMMING CHAMPIONSHIP

Open Baltic finswimming
Championship



VILNIUS 2026, May 16 - 17

2026, MAY 16-17

Vilnius, Lithuania



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1. Welcome message

The competition welcomes finswimmers of all ages and experience levels. Young swimmers can enjoy their first international racing opportunity, while advanced and elite athletes can test their speed, prepare for upcoming championships, and aim for personal bests. The event brings together a diverse community from many countries, creating a friendly and inspiring atmosphere where athletes, coaches, and supporters can connect and share their passion for the sport.

The Lithuanian underwater federation - authorized by CMAS - invites all interested National Federations, Clubs and teams to participate in the 2026 Open Baltic finswimming Championship, scheduled to take place on 16-17/05/2026 in Vilnius, Lithuania.

2. Presentation of the Host City

Visitors will have the chance to experience Vilnius, a vibrant and welcoming European city known for its historic Old Town, lively cultural scene, and green parks. As one of Europe's most compact and easy-to-navigate capitals, Vilnius offers excellent transport connections, a wide variety of hotels and restaurants, and a warm, hospitable atmosphere for international guests. Its combination of modern infrastructure and rich cultural heritage makes it a perfect host city for sport events and international gatherings.



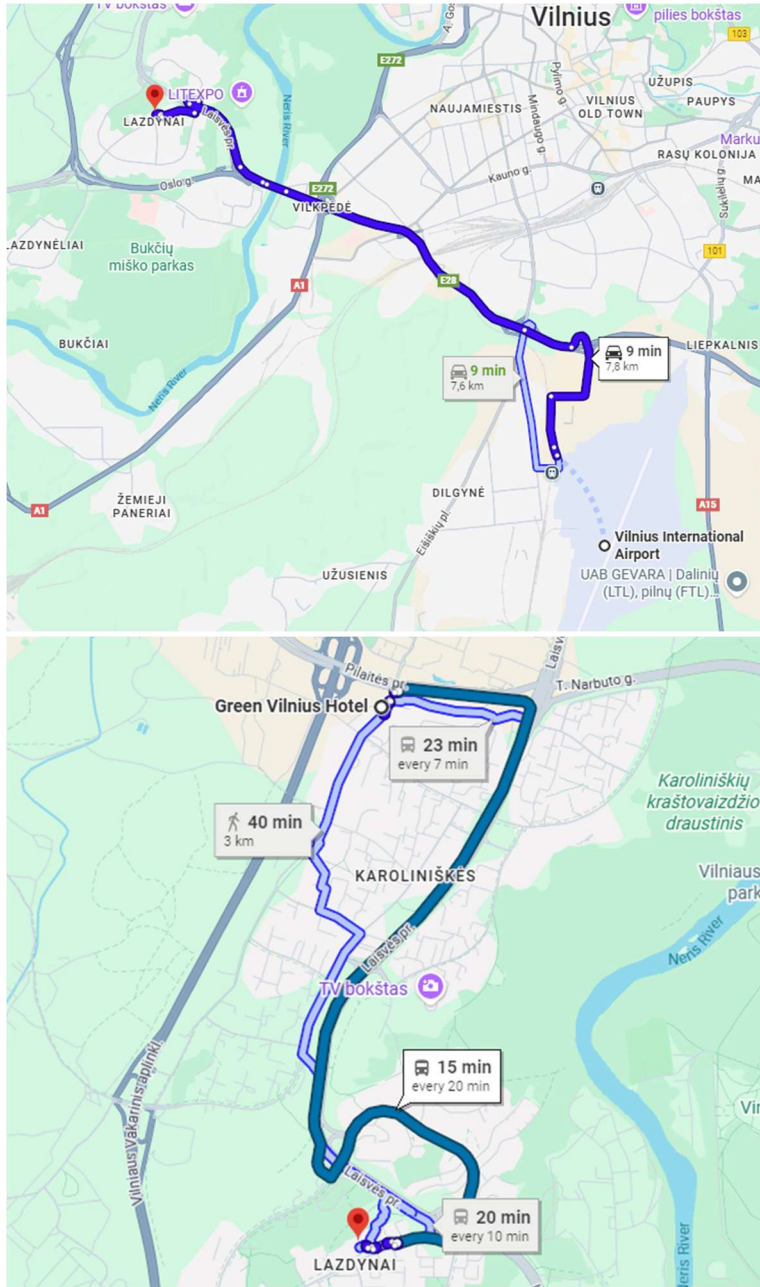


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3. City map



Vilnius airport, Railway or Bus station ~ 7 km from Lazdynai swimming pool.



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4. Presentation of the Competition Venue

The competition will take place at modern Olympic LAZDYNAI SWIMMING POOL and Aquatics Centre officially opened in **February 2023**. The facility, one of the most modern aquatic centers in the Baltic states, features both an Olympic-size 50-meter swimming pool and a separate diving pool, making it suitable for international competitions. The center also includes jacuzzies and training halls.

Event Location:

Lazdynų Baseinas (Lazdynai Swimming Pool)

Erfurto g. 13

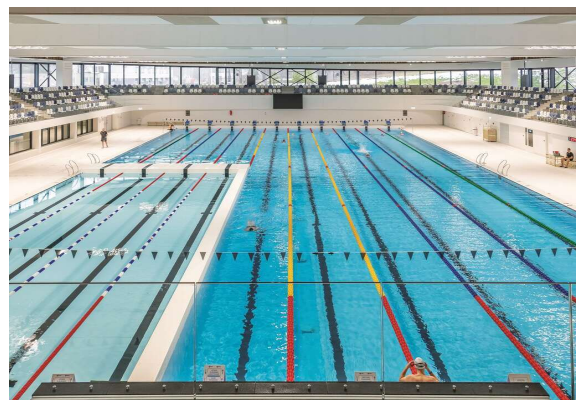
Vilnius 04100

Lithuania

Website: <https://www.lazdynubaseinas.eu/>

Swimming pool Size:

- Length [50 m]
- Width [25 m]
- Number of lanes: [10 lanes]
- Depth [3 m]
- The temperature of the water is [in 26-27 °C]
- Number of spectators: [1200]



- **50-meter Olympic-size pool:** 10 lanes with a variable depth of 0 to 3 meters, parts of which can be raised for children's training. Spectator stands with approximately 1000-1200 seats are adjacent.
- **Safety and Technology:** The pools are equipped with an artificial intelligence drowning prevention system that detects motionless objects and alerts rescuers.



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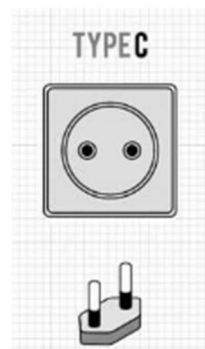


- **Fitness and Wellness:**
 - Modern gyms/fitness areas.
 - Sauna complexes
 - An open-air 5-meter diameter jacuzzi.
 - Dry pool area for training.
- **General Amenities:**
 - Changing rooms and shower facilities.
 - Cafe areas.
 - Administration offices and medical rooms.
- **Accessibility and Parking:** A parking lot with over 90 spaces, including electric car charging stations and spots for visitors with individual needs. The building features a spacious glass facade and connects to the surrounding green area.

5. General information

Various and practical information

- The Currency of Lithuanian country is EUR (euro)
- Electrical current in Lithuania is 230V, 50 Hz
- **Type of plug C, F**





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Information about participation

All participants should respect the Competition rules, the safety conditions set by the Organizers and CMAS rules and regulations.

Payment (Deadline – 1 st May 2026)

The payments described below must be completed directly with the Local organizing Committee. Bank information is confidential. Thus, it will be sent upon your request after Club/Team registration.

ENTRY FEE: 60 euro for each Club/Team (excluded Lithuanian underwater federation members which paid annual fee)

START FEE: 35 euro for each competitor (max 4 events. Every additional event +8 eur)

RELAY FEE: 8 euro per each registration

Championships Rules

- Each Club/Team may enter no limited swimmers for each individual event and no limited club teams per relay event.
- For relay races, the names of the swimmers and their starting order must appear in a list submitted to the results office before the start of the session.
- The registrations for Open Baltic Championship are submitted by e-mail: **povandeninis.sportas@gmail.com**

Disciplines and Distances (Men & Women)

Surface (SF): 50, 100, 200, 400 SF

Apnea (AP): 50m

Immersion (IM): 100, 200 IM

Bi Fins (BF): 50, 100, 200, 400 BF

Relay: 4×50 BF (M/W), 4×50 SB Mixed

Bottle Filling - Immersion with compressed-air breathing apparatus:

- Only compressed air without oxygen enrichment is allowed
- For pool competitions, the minimum volume of a compressed-air cylinder is 0.4 L for the 100 m IM event and 1.0 L for the 200 IM events.
- The maximum filling pressure for the compressed-air cylinders cannot exceed 200 bar (20 MPa).



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- When a cylinder with a flat bottom is used, adding a rounded bottom, which does not exceed the radius of the cylinder, is allowed.
- All cylinders must have passed a hydrostatic test less than 2 years before the competition, or even less if required by the local legislation. All the bottles without documents or visible proof with the date of the last test, will be refused by the Organizers.
- Each cylinder must be presented empty during the checking meeting before the competition.
- The organizer guarantees the filling of DYN & INT cylinders. For all other types, teams must bring their own adaptor.

Classification and Awards

There will be classifications for Individuals, Clubs/Teams.

Prizes:

- Medals will be given to the first three classified athletes in every individual race and every relay.
- Best competitor Cup in each category (calculated from 4 best individual distance).
- Cups for best three clubs/teams in team classification.

Awarding ceremonies will take place during the competition, so the involved athletes must be at organizing staff's disposal at the right time.

General Schedule

Day 1	15 May,2026	Arrival of Delegations
Day 2	16 May, 2026	1st Day of competition.
Day 3	17 May, 2026	2nd Day of competition.
Day 3-4	17-18 May, 2026	Departure of Delegations



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Competition Schedule

Saturday – 16th of May 2026 – afternoon session

13.00 – 13.45 Warm-up

14.00 Opening Ceremony

14:15 start of competition

50 m Apnea W/M - kat. OPEN, B, C,

100 m Bi-fins W/M – kat. OPEN, B, C, D, E

MEDAL CEREMONY

100 m Surface W/M - kat. OPEN, B, C, D, E

400 m Bi-fins W/M - kat. OPEN, B, C, D, E

MEDAL CEREMONY

200 m Immersion W/M – kat. OPEN, B, C

4 x 50 BF W/M - kat. OPEN, 1,2

Sunday – 17th of May 2026 – morning session

9:00 – 9:45 Warm-up

10:00 Start of the second part of competition

50 m Surface W/M - kat. OPEN, B, C, D, E

50 m Bi-fins W/M - kat. OPEN, B, C, D, E

200 m Surface W/M - kat. OPEN, B, C, D, E

MEDAL CEREMONY

200 m Bi-fins W/M – kat. OPEN, B, C, D, E

100 m Immersion W/M – kat. OPEN, B, C

MEDAL CEREMONY

400 m Surface W/M - kat. OPEN, B, C, D, E

4 x 100 SB mixed - kat. OPEN, 1,2

Responsibility

The Organizing Federation, the organizing committee, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

Antidoping rules

Athletes accept these rules as a condition of participation: WADA – World Antidoping Agency CMAS – Antidoping Rules.



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Special notes

The program of OPEN BALTIC CHAMPIONSHIP 2026 can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time.

Swimmers must be available for the Start Judge with their equipment 10 minutes before the race starts.

VISA

In case a visa is needed, please send the request to the Local Organizing Committee at least two months before the Competition.

Accommodation

Participants choose and book their own accommodation. We can advise you on which accommodation option will best suit your needs.

6. Deadlines - Conditions for Entry & Participation

>No later than 15 April 2026 - The preliminary declaration of participation and registration form should be sent to the Local Organizing Committee by email: **povandeninis.sportas@gmail.com**

> No later than 1st May 2026 – List of all members of the delegation (Team leader, athletes, other staff etc.)

>Payment no later than 1st May 2026 or by mutual agreement.

For further information, please contact
The Local Organizing Committee:

Mob. +37069857457
povandeninis.sportas@gmail.com